

Instow Sands

This is **not** a designated bathing beach. Beware fast running tides and strong currents. Beware of contaminated water especially after heavy rain

No unauthorised vehicles on the beach

Moorings are not free, please contact Instow Marine 01271 861081 to pay your mooring fees

Please remove all your litter and leave the beach as you would like to find it



Voluntary Code of Conduct

for Dog Walkers

in JULY and AUGUST

For the **main beach** between the Quay and
the Boathouse entrance

- At all times in these months please keep dogs on leads on upper beach/soft sand
- Please keep dogs off the main beach completely between 10 am and 5 pm

Thank you for your co-operation

Instow Parish Council 07760800553